

EQUINES FOR ELDERS

ABOUT THE PROGRAM

RMRT is launching Equines for Elders in the Summer of 2024. It is designed to enrich the lives of elders in independent living or low-income communities by giving them the opportunity to usefully interact with our horses, learn basic horsemanship and horse care, and experience our barn and herd through hands-on activities.

INSTRUCTOR

Cheryl Thompson has been involved with therapeutic riding for over 20 years. She created this program based off of her own positive experiences interacting with the horses and people at Rocky Mountain Riding Therapy. Cheryl's passion and dream for this program is for people to breathe easy and have time for themselves.

PROGRAM SETTING

This program is done in a group setting for peer support. Groups meet for 2 hours once every other week. There is no riding in this program, but participants enjoy rich interactions with our horses on the ground. They experience the benefits of being out in nature against the backdrop of the beautiful Flatirons. This program is offered seasonally for the comfort of our participants.



GOALS

The goals of this program are to give elders opportunities to enjoy a new environment, connect with horses and our barn community, and experience new social activities in a unique environment. Participants will be able to share the beautiful scenery at the barn and benefit from camaraderie with horses and other people.



PROGRAM SPONSORSHIP

We strive to offer this program at no cost to the participants so that cost is never a reason why someone is unable to benefit from this program. We are only able to do this through the generosity of program sponsors.

This program will be 8 session long, beginning in June of 2024.

Cost for 1 session: \$450

Cost for half of entire program: \$1800

Cost for entire program: \$3,600



SPONSORSHIP BENEFITS

GOALS

Recognition on RMRT social media platforms

Recognition in RMRT newsletter

Logo/Name on E4E webpage of RMRT website



For more sponsorship or program information,
please contact us
at
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www.rmridingtherapy.org