

THERAPEUTIC RIDING PROGRAM

ABOUT THE PROGRAM

Therapeutic Riding (TR) is focused on contributing positively to the overall well being of children and adults with physical, cognitive, and/or emotional challenges, while helping them learn to ride to the best of their ability.

INSTRUCTORS

Chandra DeVane grew up riding horses in the mountains. She started at RMRT as a volunteer and then completed her PATH Intl. certification mentorship at RMRT. She became a PATH Intl. Certified Therapeutic Riding Instructor in 2023.

Jess Osborne has had a life long love of horses. She is our instructor in training. She was introduced to RMRT through our first responders program and then started volunteering in lessons before deciding to pursue her journey to become a PATH Intl. Certified Therapeutic Riding Instructor.

PROGRAM SETTING

Lessons are led by PATH Intl. Certified Therapeutic Riding Instructors (CTRI) or instructors in training who are being supervised by a PATH Intl. CTRI. At Rocky Mountain Riding Therapy our most common lessons take place in groups of 3-4 riders (private and semi-private lessons are also available). Instructors will provide occasional hands-on assistance when needed, but generally teaches from the center of the riding arena. Highly trained volunteers assist riders by leading the horse and/or by side-walking alongside those who need additional support.



GOALS

The primary goal of therapeutic riding is to learn riding and horsemanship skills to the best of the rider's ability. However, as the movement of the horse is inherently therapeutic, riders frequently enjoy secondary benefits such as increased postural control, balance, and strength.

Instructors work alongside riders, parents, and caregivers to establish any individualized goals for the rider. These goals may include social, emotional, and/or physical goals.



PROGRAM SPONSORSHIP

We offered our therapeutic riding lessons at a discounted price to our riders so that our program is affordable. We are able to do this only through sponsorship support.

\$3,500 for one day of lessons for a full session

\$14,000 for one day of lessons for half the year

\$28,000 for one day of lessons for the full year



SPONSORSHIP BENEFITS

GOALS

Recognition on RMRT social media platforms

Recognition in RMRT newsletter

Logo/Name on TR webpage of RMRT website



For more sponsorship or program information,
please contact us
at
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www.rmridingtherapy.org